

[CAN HIGH BLOOD PRESSURE](#)



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Causes of High Blood Pressure Risk Factors Weight Diet

This type of high blood pressure is called "essential hypertension." Though essential hypertension remains somewhat mysterious, it has been linked to certain risk factors. High blood pressure tends to run in families and is more likely to affect men than women. Age and race also play a role.

<http://ebookslibrary.club/Causes-of-High-Blood-Pressure-Risk-Factors--Weight--Diet--.pdf>

High blood pressure Causes symptoms and treatment

Secondary high blood pressure: There is an underlying cause. Even though there is no identifiable cause for essential high blood pressure, there is strong evidence linking some risk factors to the likelihood of developing the condition. Most of the causes below are risk factors for essential high blood pressure.

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High blood pressure hypertension NHS

Find everything you need to know about high blood pressure (hypertension), including causes, symptoms, diagnosis and treatment, with links to other useful

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High Blood Pressure nia nih gov

Read about high blood pressure or hypertension. Learn how changes in lifestyle like getting more exercise and having less salt may help control it.

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How High Can Blood Pressure Go Our Everyday Life

High blood pressure, also known as hypertension, is a serious condition that often goes undetected. Allowing blood pressure to run too high can really do

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High blood pressure dangers Hypertension's effects on

High blood pressure can also affect other areas of the body, leading to such problems as: Bone loss. High blood pressure can increase the amount of calcium that's in your urine. That excessive elimination of calcium may lead to loss of bone density (osteoporosis), which in turn can lead to broken bones. The risk is especially increased in older women.

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What Are the Symptoms of High Blood Pressure in Women

High blood pressure is a major risk factor for stroke and kidney failure. The damage to blood vessels that occurs due to chronic high blood pressure can also contribute to heart attacks. If you're pregnant, high blood pressure can be especially dangerous for both you and your baby.

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Blood Pressure What is high blood pressure

High blood pressure readings explained - Blood Pressure charity page on causes, symptoms and medication for high blood pressure

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Does high blood pressure cause headaches Myths vs facts

High blood pressure can be difficult to recognize without using a blood pressure monitor. Many people do not experience symptoms unless their blood pressure is dangerously high. When symptoms do occur with high blood pressure, they may include a severe headache. People who suspect that they have symptoms of high blood pressure should not ignore them.

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13 Foods That Are Good for High Blood Pressure Healthline

Hypertension, or high blood pressure, refers to the pressure of blood against your artery walls. Over time, high blood pressure can cause blood vessel damage that leads to heart disease, kidney disease, stroke, and other problems.

<http://ebookslibrary.club/13-Foods-That-Are-Good-for-High-Blood-Pressure-Healthline.pdf>

High Blood Pressure National Heart Lung and Blood

High blood pressure can cause serious complications such as stroke, but healthy lifestyle changes can help control or lower high blood pressure.

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